

2022 AWARENESS DATES *Dates may change, so please check before you plan events!

JANUARY

Dry January
Veganuary

- 4:** World Braille Day
- 10-16:** Houseplant Week
- 16:** World Religion Day
- 17:** Brew Monday
- 17-22:** Big Energy Saving Week



FEBRUARY

LGBT History Month

- 3:** Time to Talk Day
- 7-13:** National Apprenticeship Week
- 11:** International Day of Women and Girls in Science

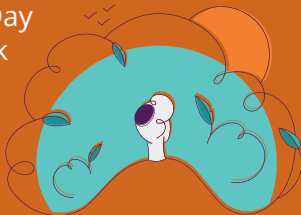
MARCH

- 7-12:** National Careers Week
- 8:** International Women's Day
- 16:** Disabled Access Day
- 18:** Global Recycling Day
- 20:** International Day of Happiness
- 21:** International Day for the Elimination of Racial Discrimination
- 31:** Trans Visibility Day

APRIL

Stress Awareness Month

- 1:** Walk to Work Day
- 2:** World Autism Awareness Day
- 7:** World Health Day
- 15:** International Microvolunteering Day
- 28:** World Day for Safety and Health at Work
- 28:** Stop Food Waste Day
- TBC:** Green Skills Week



MAY

National Walking Month

- 4-9:** Deaf Awareness Week
- 10-16:** Mental Health Awareness Week
- 17:** International Day Against Homophobia, Transphobia and Biphobia
- 17-22:** Learning at Work Week
- 21:** World Meditation Day
- 23-27:** Water Saving Week



JUNE

Pride Month

- 2-5:** The Big Jubilee Lunch
- 5:** World Environment Day
- 6-12:** Bike Week
- 6-12:** National Growing for Wellbeing Week
- 14-20:** Learning Disability Week
- 17:** National Clean Air Day
- 25 June-3 July:** London Climate Action Week
- TBC:** Volunteers' Week
- TBC:** Loneliness Awareness Week
- TBC:** World Refill Day

JULY

Plastic Free July

2-8: Net Zero Week

15: World Youth Skills Day

TBC: Love Parks Week

TBC: The Big Listen



AUGUST

4: Cycle to Work Day

12: International Youth Day



SEPTEMBER

5: International Day of Charity

15: Pension Awareness Day

16-25: Great British Beach Clean

19-25: International Week of Happiness at Work

19-25: Recycle Week

22: World Car Free Day

23: Bi Visibility Day

24: Macmillan World's Biggest Coffee Morning

26 Sep - 2 Oct: National Inclusion Week

27: City Giving Day

OCTOBER

Go Sober for October

Black History Month

1: World Vegetarian Day

1: International Day of Older Persons

4: No Disposable Cup Day

10: World Mental Health Day

10-14: National Work Life Week

11: National Coming Out Day

NOVEMBER

November

1: World Vegan Day

2: Stress Awareness Day

7-11: International Stress Awareness Week

7-11: Talk Money Week

14-18: Anti-Bullying Week

14-20: Living Wage Week

19: International Men's Day

DECEMBER

5: International Volunteers Day

10: Christmas Jumper Day

